



**VANGUARD
UNIVERSITY**



VANGUARD UNIVERSITY
Graduate Education Program
Offers 3 New Courses for Educators
TEMECULA – FALL 2018

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| 1. "RELIEVING STRESS IN THE CLASSROOM" | STARTS SEPT 3 |
| 2. "EFFECTIVE PRACTICES FOR AT RISK STUDENTS" | STARTS OCT 1 |
| 3. "MULTICULTURAL DIVERSITY: THE MELTING POT OF MANY" | STARTS NOV 5 |

WHERE: Grace Fellowship Church
41710 Enterprise Circle S
Temecula, CA

WHO: These courses are designed for educators.
With district approval, course credit may be
used for pay increase and professional growth

CREDIT: These courses are being offered by the Graduate Education Department of Vanguard University, Costa Mesa, CA. Vanguard University is accredited by the Western Association of Schools and Colleges.

TUITION: \$306 for 3 semester units of graduate extension credit. Manual enrollment fees may apply. See below for more info.

COURSE INSTRUCTOR: DENNIS GARRAHY was an educator in Vista USD for nearly thirty years. Additionally, he has coordinated professional staff development courses for North County teachers for the past thirty-five years.

ASSISTED BY: SKYLER GARRAHY is currently the Assistant Principal of Lincoln Middle School in the Oceanside USD. Skyler specializes in NGSS STEM curriculum and use of technology in the classroom.

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| 1. "RELIEVING STRESS IN THE CLASSROOM" | STARTS SEPT 3 |
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Course #EDUX 5710 A, B, C or D (A New Course)

WHEN: September 3, 5, 10, 12 & 17, 2018 (plus online and outside practicum)

4:00 – 8:00 PM *NOTE: This course is a hybrid of face-to-face and online learning.*

COURSE DESCRIPTION: In this course participants will explore all aspects of the teaching/learning process that may contribute to stress in both educators and their students. Educators will develop organizational skills and strategies to alleviate the effects of pressure and anxiety. Because classroom and work-related stress can undermine teachers' ability to do their jobs effectively, techniques designed to help educators and students lower stress levels will be presented. Critical topics including relaxation techniques, room environment changes and interpersonal model changes will be addressed. Participants will share issues they confront in their classrooms and on their campuses and develop plans to make them more manageable.

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| 2. "EFFECTIVE PRACTICES FOR AT RISK STUDENTS" | STARTS OCT 1 |
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Course #EDUX 5210 A, B, C or D (A New Course)

WHEN: October 1, 3, 8, 10 & 15, 2018 (plus online and outside practicum)

4:00 – 8:00 PM *NOTE: This course is a hybrid of face-to-face and online learning.*

COURSE DESCRIPTION: This course will explore effective practices for working with children deemed to be at risk of educational failure. Participants will examine ways that they can work together with their schools to engage students and motivate them toward success. The use of creative and flexible scheduling to extend learning time, differentiating instruction, organizing heterogeneous student groupings and designing classrooms to accommodate different learning styles are some of the ways educators can effectively improve the learning environment for all students, including children considered at risk.

REGISTER / ENROLL ON-LINE AT www.CollegeCreditConnection.com, click on Face-To-Face tab.

Pre-enroll online now! (\$20 fee for manual/paper enrollment either on location or by mail)

DENNIS GARRAHY : 760-710-7807 or email dennisgarrahy@gmail.com for courses in Vista, Chula Vista or Temecula.

PLEASE SEE ADDITIONAL COURSE ON OTHER SIDE



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| 3. "MULTICULTURAL DIVERSITY: THE MELTING POT OF MANY" | STARTS NOV 5 |
| Course #EDUX 5350 A, B, C or D (A New Course) | |

WHEN: November 5, 7, 12, 14 & 19, 2018 (plus online and outside practicum)

4:00 – 8:00 PM *NOTE: This course is a hybrid of face-to-face and online learning.*

COURSE DESCRIPTION: This course is designed for the sensitive educator wanting to gain understanding of the ever-changing cultural diversity of the students in today's schools. Participants will explore the ethnic and cultural groups in the community environments in which their pupils live. The fusion of cross-cultural customs and values will be presented. Study tours to culturally enriching sites will be taken to give in-depth understanding of the varied language ability, cultural heritage and historical backgrounds of our students. A broad range of cultural similarities and differences will be covered.

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For more information please call or email

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